

Just what will the intermediate sailors will be learning?



- ✓ Safety on the boat
 - PFD check by student and by instructor
 - Emergency bad weather actions (no-go if thunder, high winds, or lightning, etc.)
 - Sailing/Racing rules-of-the-road to avoid boat collisions
- ✓ Finer tuning of the points of sail
 - Upwind or close-hauled precise steering with proper air flow over the sail
 - Luff tension, vang, sprit halyard tension, foot tension, mainsheet trim, cunningham use
 - Reading and reacting to the wind shifts and velocity changes
 - Improving reach & run boat speeds
 - Centerboard positioning for each point of sailing
- ✓ Sail trim and Boat handling skills
 - Hiking out & body positioning for different points of sail
 - Maximizing a lift
 - Roll tacking & gybing
 - Sailing by the lee and healing to windward
 - Leaving and returning to the dock
 - Surfing and planning conditions boat handling
 - Capsize recovery
- ✓ Racing
 - Sail many short races during the class sessions

- Starting line position, starting on-time, finding clear air, practice starts
 - How to restart after OCS (over early)
 - Mark rounding with overlapped boats
 - Fast mainsheet trimming using both hands while still holding tiller
 - Starting signal sounds & flags
 - Good sportsmanship on the race course
 - Penalty turns such as 360-degree turn after touching a mark
 - 720-degree penalty turns; calling out: Protest!
 - On the water practice of basic racing rules and sailing instructions
 - Crossing the finish line
 - Committee boat (RC) actions
- ✓ Tactical actions such as safe-leeward position, establishing an overlap, covering, luffing a competitor, duck-or-tack in crossing situations

